

# THE EAGLES

OFFICIAL MATCHDAY PROGRAMME OF SPORT LONDON E BENFICA

SEASON 2025/26



**SPORT LONDON E BENFICA**

09.08.2025 | K.O 15:00

AMERSHAM SPRATLEYS, MEADOW HP7 0EJ

**VS SANDHURST TOWN**

# SPORT LONDON E BENFICA

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## CLUB OFFICIALS

**ANDRE RAPOSO**  
CHAIRMAN

**TANIA VARELA**  
FINANCE DIRECTOR

**MIGUEL SANTOS**  
MENS MATCHDAY SECRETARY

**DAWA BALOGUN**  
ACADEMY DIRECTOR

**MARCO RAPOSO**  
ACADEMY TEAM LEADER

**ANDRE GONCALVES**  
MEDIA DIRECTOR

# SPORT LONDON E BENFICA

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HOW TO GET THERE

ADDRESS: SCHOOL LN, AMERSHAM HP7 0EJ  
CLOSEST TRAIN STATION: AMERSHAM STATION



# SPORT LONDON E BENFICA

## HISTORY

FOUNDED ON 15 MAY 1981, THE CLUB JOINED THE CAMDEN SUNDAY LEAGUE, WHERE THEY REMAINED UNTIL JOINING THE CHISWICK & DISTRICT LEAGUE IN 1986. IN 1990 THEY JOINED THE MARATHON SUNDAY LEAGUE, GOING ON TO WIN DIVISION THREE IN 1995–96 AND DIVISION TWO IN 1997–98. AFTER FINISHING AS RUNNERS-UP IN DIVISION ONE IN 1998–99, THE CLUB WERE PROMOTED TO THE PREMIER DIVISION. IN 2000 THEY BECAME MEMBERS OF THE HAYES & DISTRICT SUNDAY LEAGUE, WINNING THE PREMIER DIVISION IN 2002–03. THE FOLLOWING SEASON THEY WON THE LEAGUE'S PREMIER CUP AND PRESIDENT CUP.

IN 2005 THE CLUB SWITCHED FROM SUNDAY LEAGUE FOOTBALL TO SATURDAY FOOTBALL, JOINING DIVISION ONE OF THE MIDDLESEX COUNTY FOOTBALL LEAGUE. THE CLUB WON THE DIVISION AT THE FIRST ATTEMPT, EARNING PROMOTION TO THE PREMIER DIVISION. THE FOLLOWING SEASON THE CLUB WON THE PREMIER DIVISION, EARNING PROMOTION TO DIVISION ONE OF THE SPARTAN SOUTH MIDLANDS LEAGUE.

THE CLUB CONTINUED TO RUN YOUTH TEAMS, ALSO CREATING A FUTSAL TEAM THAT ENTERED THE MIDDLESEX FA FUTSAL FIVES, WHICH THEY WENT WON IN CONSECUTIVE SEASONS. THEY SUBSEQUENTLY RE-ENTERED THE MIDDLESEX COUNTY LEAGUE IN 2017, JOINING DIVISION TWO. HOWEVER, AFTER FINISHING SECOND-FROM-BOTTOM IN THE DIVISION IN 2017–18, THEY WERE RELEGATED TO THE SATURDAY COMBINATION.

IN 2022–23 THE CLUB WON THE MIDDLESEX COUNTY JUNIOR TROPHY (DEFEATING CB HOUNSLOW UNITED'S THIRD TEAM 6–0 IN THE FINAL) AND THE JEFF NARDIN & COMBINATION CUP, BEATING LPFC OLD BOYS 3–1 IN THE FINAL. THE SEASON ALSO SAW THEM FINISH AS RUNNERS-UP IN THE SATURDAY COMBINATION, EARNING PROMOTION TO DIVISION ONE SOUTH & WEST. IN 2023–24 THE CLUB SECURED BACK-TO-BACK PROMOTIONS BY WINNING THE DIVISION ONE SOUTH & WEST TITLE RESULTING IN PROMOTION TO THE PREMIER DIVISION, AS WELL AS WINNING THE JIM ROGERS PRESIDENT'S DIVISION ONE CUP (BEATING LONDON CHEETAHS 4–1 IN THE FINAL) AND THE MIDDLESEX COUNTY JUNIOR CUP (BEATING NORSEMAN 5–1 IN THE FINAL).

# SPORT LONDON E BENFICA

## RESULTS & FIXTURES

2025-2026

[HTTPS://TINYURL.COM/FULLTIMEFA](https://tinyurl.com/fulltimefa)

## CCL DIVISION ONE LEAGUE TABLE

League Table

FULL TABLE DETAIL >

Pos	Team	P	W	D	L	GD	PTS
1	Bentford	2	2	0	0	6	6
2	Woodley United	2	2	0	0	3	6
3	Brent House	2	2	0	0	2	6
4	Wentridge	2	1	1	0	7	4
5	MFC Victoria	2	1	1	0	2	4
6	Holmer Green	2	1	1	0	2	4
7	Pyral & Tylers Green	2	1	1	0	1	4
8	Spartans Youth	2	1	0	1	3	3
9	London Southern Riders	1	1	0	0	2	3
10	Tramex & Larnoux (Barnet)	2	1	0	1	1	3
11	Wentridge	2	1	0	1	0	3
12	Chalfont St Peter	2	0	2	0	0	2
13	King Bakers Kensington	2	0	2	0	0	2
14	Spelthorne Sports	1	0	1	0	0	1
15	Collins Wood United	2	0	1	1	0	1
16	Motney	2	0	1	1	-2	1
17	Banks County	2	0	1	1	-3	1
18	Sandhurst Town	0	0	0	0	0	0
19	Sport London e Benfica	1	0	0	1	-1	0
20	Langley	1	0	0	1	-2	0
21	Denby Jets	2	0	0	2	-2	0
22	Willington Borough	2	0	0	2	-3	0
23	FC Depotters Salvia	2	0	0	2	-6	0
24	Windsor FC withdrew from the competition	0	0	0	0	0	0 <sup>1</sup>

<sup>1</sup> adjustment made

# SQUADS

## SPORT LONDON E BENFICA

RYAN BURKE  
PEDRO CAMOLAS  
ALVARO CARDOSO  
REESE CHARLES-JONES  
BEMBA DJALO  
DANIEL UDANO  
ALFIE FINNAN  
SHAYAN GHAMARINEZHAD  
FRANCIS KETTER  
DUNNELL KING  
JIGAR KUMAR  
EGIDIO MAHMOUD  
HELDER MANESSIM  
EMERSON MARIO D'JAR  
PHILIP MEDEIROS  
BENJAMIN OKON  
JOAO OLIVEIRA  
KARANJEET PAL  
MARCO RAPOSO  
DIEGO RICHARDSON  
LAYE SANGARE  
LUIS SILVA  
WELBER SILVA SOBRINHO  
KARL USHER-WILLIAMS

## SANDHURST TOWN

CAMERON ARMITAGE  
ALFIE BRADLEY  
ARCHIE BULMAN  
ELLIOT CHAFFEY  
BENJAMIN COOKE  
JACOB MACKENZIE COWLER  
MACKENZIE CREECH  
WILLIAM FRIEND  
LUKE GARTON  
PAOLO GIAMATTEI  
BEN HILL  
BOBBY HYLAND  
FLYNN JACKMAN  
ARCHIE JOHNSTONE  
JORDAN JOSEPHS  
YOA KABONGO  
ZUBIN KHALIQ  
ELVIS KWASHIE  
ETHAN LOBATO  
JAMES MICHAEL LOVERIDGE  
LENNY MILNE  
JOE PREDGEN  
JOSEPH PREEDY



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# SIN BINS

Temporary Dismissals - otherwise known as 'sin bins' - are mandatory for acts of dissent across all of grassroots football.

## HOW DO YOU FIND YOURSELF IN THE SIN BIN?



Players will only go into the sin bin for dissent cautions



For use of words, gestures, questioning or undermining the referee's decisions



### EXAMPLES OF DISSENT:

Shouting at the referee, questioning the referee's ability, slamming the ball into the ground and sarcastically clapping a decision

## DURATION OF A SIN BIN



For matches of 90 minutes, players spend 10 minutes in the sin bin



For matches of all other lengths, players spend 8 minutes in the sin bin



If the sin bin period has not expired at the end of:  
**1st half:** Continues into the 2nd half  
**2nd half:** Continues into extra time  
**Extra time:** Players can participate in the penalty shoot out

## THE MATCH DAY PROCESS



Dissent



Dissent caution: Referee issues a Yellow Card and directs the player to the touchline



Whilst in the sin bin, if the player commits a Yellow or Red Card offence they are sent off and can not be substituted



A player can only return to the field of play with the referee's permission at a stoppage in play



If a player receives a second Yellow Card for any type of offence, they will be shown a Red Card and dismissed from the field of play

Sin bins only apply to a player's first Yellow Card. If they receive a second Yellow Card they are dismissed from the field of play.

**Offensive, insulting or abusive language and/or actions is still a Red Card offence!**





SPORTS



THE ELITE CHOICE

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# 1.4m

**PEOPLE IN THE UK  
ARE CONSIDERED  
PROBLEM GAMBLERS**

\*YouGov prevalence study

# 15%

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\*PHE report 2022



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 Tony Kelly  
 [tony@redcardgambling.org](mailto:tony@redcardgambling.org)  
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 0247 6214423

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 @TonyCov1  
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