

# THE EAGLES

OFFICIAL MATCHDAY PROGRAMME OF SPORT LONDON E BENFICA

SEASON 2025/26



## SPORT LONDON E BENFICA

16.08.25 | K.O 15:00PM

AMERSHAM SPRATLEYS, MEADOW HP7 0EJ

**VS WOODLEY UNITED**

# SPORT LONDON E BENFICA

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## CLUB OFFICIALS

**ANDRE RAPOSO**  
CHAIRMAN

**TANIA VARELA**  
FINANCE DIRECTOR

**MIGUEL SANTOS**  
MENS MATCHDAY SECRETARY

**DAWA BALOGUN**  
ACADEMY DIRECTOR

**MARCO RAPOSO**  
ACADEMY TEAM LEADER

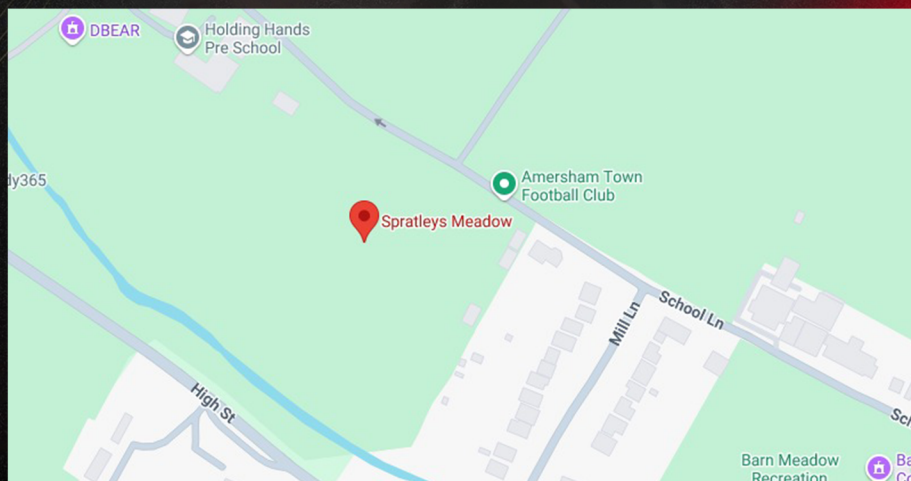
**ANDRE GONCALVES**  
CLUB MEDIA DIRECTOR



# SPORT LONDON E BENFICA

WWW.SLBFC.COM

WELCOME TO SPRATLEYS MEADOW, AMERSHAM



HOW TO GET THERE

ADDRESS: SCHOOL LN, AMERSHAM HP7 0EJ

CLOSEST TRAIN STATION: AMERSHAM STATION



# SPORT LONDON E BENFICA

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## HISTORY

FOUNDED ON 15 MAY 1981, THE CLUB JOINED THE CAMDEN SUNDAY LEAGUE, WHERE THEY REMAINED UNTIL JOINING THE CHISWICK & DISTRICT LEAGUE IN 1986. IN 1990 THEY JOINED THE MARATHON SUNDAY LEAGUE, GOING ON TO WIN DIVISION THREE IN 1995–96 AND DIVISION TWO IN 1997–98. AFTER FINISHING AS RUNNERS-UP IN DIVISION ONE IN 1998–99, THE CLUB WERE PROMOTED TO THE PREMIER DIVISION. IN 2000 THEY BECAME MEMBERS OF THE HAYES & DISTRICT SUNDAY LEAGUE, WINNING THE PREMIER DIVISION IN 2002–03. THE FOLLOWING SEASON THEY WON THE LEAGUE'S PREMIER CUP AND PRESIDENT CUP.

IN 2005 THE CLUB SWITCHED FROM SUNDAY LEAGUE FOOTBALL TO SATURDAY FOOTBALL, JOINING DIVISION ONE OF THE MIDDLESEX COUNTY FOOTBALL LEAGUE. THE CLUB WON THE DIVISION AT THE FIRST ATTEMPT, EARNING PROMOTION TO THE PREMIER DIVISION. THE FOLLOWING SEASON THE CLUB WON THE PREMIER DIVISION, EARNING PROMOTION TO DIVISION ONE OF THE SPARTAN SOUTH MIDLANDS LEAGUE.

THE CLUB CONTINUED TO RUN YOUTH TEAMS, ALSO CREATING A FUTSAL TEAM THAT ENTERED THE MIDDLESEX FA FUTSAL FIVES, WHICH THEY WENT WON IN CONSECUTIVE SEASONS. THEY SUBSEQUENTLY RE-ENTERED THE MIDDLESEX COUNTY LEAGUE IN 2017, JOINING DIVISION TWO. HOWEVER, AFTER FINISHING SECOND-FROM-BOTTOM IN THE DIVISION IN 2017–18, THEY WERE RELEGATED TO THE SATURDAY COMBINATION.

IN 2022–23 THE CLUB WON THE MIDDLESEX COUNTY JUNIOR TROPHY (DEFEATING CB HOUNSLOW UNITED'S THIRD TEAM 6–0 IN THE FINAL) AND THE JEFF NARDIN & COMBINATION CUP, BEATING LPFC OLD BOYS 3–1 IN THE FINAL. THE SEASON ALSO SAW THEM FINISH AS RUNNERS-UP IN THE SATURDAY COMBINATION, EARNING PROMOTION TO DIVISION ONE SOUTH & WEST. IN 2023–24 THE CLUB SECURED BACK-TO-BACK PROMOTIONS BY WINNING THE DIVISION ONE SOUTH & WEST TITLE RESULTING IN PROMOTION TO THE PREMIER DIVISION, AS WELL AS WINNING THE JIM ROGERS PRESIDENT'S DIVISION ONE CUP (BEATING LONDON CHEETAHS 4–1 IN THE FINAL) AND THE MIDDLESEX COUNTY JUNIOR CUP (BEATING NORSEMAN 5–1 IN THE FINAL).



# SPORT LONDON E BENFICA

## RESULTS & FIXTURES

2025-2026

[HTTPS://TINYURL.COM/FULLTIMEFA](https://tinyurl.com/fulltimefa)

## CCL DIVISION ONE LEAGUE TABLE

### League Table

[FULL TABLE DETAIL >](#)

Pos	Team	P	W	D	L	GD	PTS
1	Bedfont	2	2	0	0	4	6
2	Woodley United	2	2	0	0	3	6
3	Brook House	2	2	0	0	2	6
4	Westside	2	1	1	0	7	4
5	PFC Victoria	2	1	1	0	2	4
6	Holmer Green	2	1	1	0	2	4
7	Penn & Tylers Green	2	1	1	0	1	4
8	Spartans Youth	2	1	0	1	3	3
9	London Samurai Rovers	1	1	0	0	2	3
10	Staines & Lammas (Middx)	2	1	0	1	1	3
11	Wembley	2	1	0	1	0	3
12	Chalfont St Peter	2	0	2	0	0	2
13	Rising Ballers Kensington	2	0	2	0	0	2
14	Spelthorne Sports	1	0	1	0	0	1
15	Colliers Wood United	2	0	1	1	-1	1
16	Molesey	2	0	1	1	-2	1
17	Berks County	2	0	1	1	-3	1
18	Sandhurst Town	0	0	0	0	0	0
19	Sport London e Benfica	1	0	0	1	-1	0
20	Langley	1	0	0	1	-2	0
21	Oxhey Jets	2	0	0	2	-2	0
22	Hillingdon Borough	2	0	0	2	-7	0
23	FC Deportivo Galicia	2	0	0	2	-9	0
24	Windsor FC withdrew from the competition	0	0	0	0	0	-1*

\* adjustment made

# POSSIBLE SQUADS

## SPORT LONDON E BENFICA

SHAYAN GHAMARINEZHAD

DUNNELL KING

EGIDIO MAHMOUD

EMERSON MARIO D'JAR

KARL USHER-WILLIAMS

DANIEL UDANO

JIGAR KUMAR

HELDER MANESSIM

PHILIP MEDEIROS

REESE CHARLES-JONES

ALFIE FINNAN

MARCO RAPOSO

BEMBA DJALO

RYAN BURKE

## WOODLEY UNITED

KAYLUM BARLOW

NICO STORM CAMMOCK

DYLAN CLARK

HARVEY COLLINS

JEREMIAH AKINTUNDE DEBAYO

EDEN DOWNES

SAMUEL ACHRAF ROBERT  
GAROFALO

JOSEPH HILL

FILIP PODGORSKI

ARCHIE SIMPSON

TROY WILLIAMS

KEVIN DEBARROS

MAX FANSTONE

JADEN ODAMA



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# SIN BINS

Temporary Dismissals - otherwise known as 'sin bins' - are mandatory for acts of dissent across all of grassroots football.

## HOW DO YOU FIND YOURSELF IN THE SIN BIN?



Players will only go into the sin bin for dissent cautions



For use of words, gestures, questioning or undermining the referee's decisions



### EXAMPLES OF DISSENT:

Shouting at the referee, questioning the referee's ability, slamming the ball into the ground and sarcastically clapping a decision

## DURATION OF A SIN BIN



For matches of 90 minutes, players spend 10 minutes in the sin bin



For matches of all other lengths, players spend 8 minutes in the sin bin



If the sin bin period has not expired at the end of:  
**1st half:** Continues into the 2nd half  
**2nd half:** Continues into extra time  
**Extra time:** Players can participate in the penalty shoot out

## THE MATCH DAY PROCESS



Dissent



Dissent caution: Referee issues a Yellow Card and directs the player to the touchline



Whilst in the sin bin, if the player commits a Yellow or Red Card offence they are sent off and can not be substituted



A player can only return to the field of play with the referee's permission at a stoppage in play



If a player receives a second Yellow Card for any type of offence, they will be shown a Red Card and dismissed from the field of play

Sin bins only apply to a player's first Yellow Card. If they receive a second Yellow Card they are dismissed from the field of play.

**Offensive, insulting or abusive language and/or actions is still a Red Card offence!**





# THE ELITE CHOICE

[WWW.MJM-SPORTS.CO.UK](http://WWW.MJM-SPORTS.CO.UK)

# 1.4m

**PEOPLE IN THE UK  
ARE CONSIDERED  
PROBLEM GAMBLERS**

\*YouGov prevalence study

# 15%

**OF ONLINE  
GAMBLERS, GAMBLE  
IN THE WORKPLACE\***

\*PHE report 2022



## **RED CARD**

Gambling Education & Support

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